

## Inspirational Insight

### Be True To You

To become one of life's achievers first you must be honest with yourself and others. Most important is honesty with ones self. Honesty is a sturdy foundation to build your life upon. Start with the basics and learn who you are and connect with your inner self. Be truthful with yourself about what you do and do not want. Never sacrifice your own happiness for that of another this may seem a generous act and one full of love, however if you are not fulfilled you will limit yourself and your ability to give again. Disquiet will seep into your life and that of the life of the person you're trying to save and before you know it you have created a chain reaction of negatives quite the opposite of the original intent.

**The foundation for life can only be built on that which is internal, the limitless not the limited.**

**Action:** - Be true, be honest and live a life of limitless abundance always act from a position of love. If for sometime you have compromised and not been true to your inner self, readjust. This readjustment may cause conflict in the short term but, long term it can, and will, only lead to greater unity.

#### **Recommended Reading**

Philosophy works: - Accessing the Power of Great Ideas for a Happier Life  
By William Wray

**DO YOU WANT AN INSPIRED LIFE?**

**Caroline Hart – Life Coach**